

Pedal/Paddle/Hike/Climb/Swim/Run for



Saturday October 1st co-ordinated activities

- Hike riverside trails at Invergarry with cream tea at Invergarry Castle Hotel
- Climb Ben Nevis (could get sponsored?)
- Paddle River Garry
- Pedal at Wolftrax

Sunday October 2nd co-ordinated activities

- Aonach Mor gondola trip and easy scenic hikes
- Rock climb at Glen Nevis
- Paddle on Rivers Roy & Spean
- Pedal in Leanachan Forest & Aonach Mor

Other activity ideas you could do yourself

- Pedal or walk on great glen way and/or canal towpath
- Climb or hike Grey Corries, Meagaidh, Mamores, Glencoe and more
- Paddle Great Glen Canoe Trail or on the sea

Evening of Saturday 1st October, at Spean Bridge Village Hall 1900

- Entry ticket, purchased by donation in advance, is required (see form)
- Nepali meal
- Bar, provided by village hall organisers
- Film about Nepal Schools Trust
- Slide Presentation about Nepal
- Auction for charity - you are invited to bring something imaginative to be sold
- Music and games

Cut off this form, complete and send to Chris Dickinson

I / We would like to attend the Nepal Activity Event (£10 per adult, kids under 18 are free)				
Names	Adult	Child	Describe your likely activities or which of the coordinated activities you wish to take part in...	
1				
2				
3				
4				
5				
Will you need a camp site? If so circle	Fri	Sat		
Cheques to "Nepal Schools Trust" and send by Sept 1st to : Bla Bheinn, Station Road, Spean Bridge PH34 4EF			Amount enclosed	£
			Are you are a taxpayer for gift aid	
Contact details (to allow Chris to give you information) Name: Email (Preferred) Phone:			Address:	
			If you know you will have something to auction please give idea here.	

Please continue overleaf if you need more space